

# THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2018 Sporting Excellence in Karate National Level

## **Aaron Bolton**

This is to certify that Aaron Bolton is a member of the Hull & East Riding Karate Academy Elite Squad and has achieved the standard of Sporting Excellence in Competition Sport Karate in both Kata and Kumite. Aaron competed at the highest level of British Karate in 2018 winning the medals and titles listed below:-

#### Championship Success - 5 Gold 4 Silver 5 Bronze

English National Kyu Grade Championships - 13<sup>th</sup> and 14<sup>th</sup> January, Leicester

Gold - Individual Kumite Bronze - Team Kumite

#### Yorkshire Open Championships - 11<sup>th</sup> February, Barnsley

Silver - Individual Kata Bronze - Team Kumite

### Shindo Kai Championships - 1<sup>st</sup> July, Barnsley

Gold - Individual Kumite Gold - Team Kata Silver - Individual Kata Silver - Team Kumite Bronze - Pairs Kata

### North of England Championships - 30<sup>th</sup> September, Barnsley

Bronze - Team Kumite



The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.



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Shindo Kai Championships - 18<sup>th</sup> November, Barnsley

Gold - Team Kumite Gold - Team Kata Silver - Pairs Kata Bronze - Individual Kata

Congratulations on your outstanding sporting achievements throughout 2018. These performances and results have made you one of the top karate athletes in the country in your age group. Well done Aaron.

Sensei Wayne Clarke 3<sup>rd</sup> Dan Head Coach - The Hull & East Riding Karate Academy



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